# RUTLEDGE YOUTH FOUNDATION 2018 ANNUAL REPORT

#### PRESENTED SEPTEMBER 25, 2019

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a brighter future hand in hand

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Staff showing support for Prevent Child Abuse month (April)



# **Rutledge Youth Foundation** 2019 Annual Report

#### **2018 Annual Meeting**

The 2018 Annual Meeting was held on September 26, 2018, 5:45 pm at Poe's On the Hill. Prior to the meeting everyone enjoyed a catered buffet dinner and desserts. President Lee welcomed the following guests: Ed Clark, Mandy Hatchel, Peter D'Angelo, Ashley Earles, Laura McKinney, Brittney Peterson, Cindy Guy, Rev. Micheal Schuermann, Linda Klein, Robin Flanigan, Christina Bateman, Tom Kaboree, and Tacie & Phil Greff. Several clients/families were present as well.

The Agenda included the re-election of the following Officers:

#### President: Karen Lee, Vice President: Scott Sabin & Secretary/Treasurer: Tom Demarco

Executive Director Michelson asked for a moment of silence in memory of Joan Vogel, a long time staff member who had recently passed away.

Peter D'Angelo was introduced to the group. He has been a participant in our Independent Living (ILO) program and shared his personal story. Another client who had participated in the Intact program shared her experiences as well and thanked the Staff for the services and caring she had received. Both presentations were somewhat emotional and very moving to all.

Mr. Michelson presented the Annual Report for Fiscal Year 2018, and copies were distributed. He then introduced Clinical Director Mollie Buchanan and Administrative Services Manager Lori Wernsing; they introduced their respective staffs and asked them to share titles and tenure.

It was also noted that the Agency has several Alumni who have left for various opportunities and have returned to work for the Agency again.

#### **BOARD OF DIRECTORS 2018 – 2019**

#### **OFFICERS**

President – Karen Lee (University of Illinois at Springfield – HDC) Vice President – Scott Sabin (Metnick, Cherry, Frazier, & Sabin) Secretary/Treasurer – Tom DeMarco (Lincoln Prairie Behavioral Health Center)

#### **DIRECTORS**

Bernie Segatto (Barber, Segatto, Hoffee, Wilke, & Cate)
Dr. Ann McCaughan (University of Illinois at Springfield - HDC)
Amy Segatto Perrin (US Bank)
Dr. Clarice Ford (University of Illinois at Springfield – Student Affairs)

#### **COMMITTEE VOLUNTEERS**

Drew Davis (Audit/Finance)

Joe Ludtke (Audit/Finance)

Dan Rayhill (Audit/Finance)

Mike Goriszewski (Audit/Finance)

Cheryl McKnelly (Fundraising)

Michael Rapier (Harley Drawing – Music)

#### **Board Changes in FY 2018-19**

We regretfully said farewell to Michael Wallace after 2 years of service

The Board of Directors developed a new **Strategic Plan** this year that will carry the Agency forward.

The Agency completed its **re-accreditation** with the Council on Accreditation (COA) is now accredited through August 31<sup>st</sup>, 2023.



#### **Community Gifts**

**ALLIED PLUMBING, HEATING AND COOLING** again complimented their Harley Sponsorship with an additional \$750 (for a total of \$1250) plus a radio ad supporting the Agency.

**BUNN** again provided support and opportunities for ILO youth.

CHERRY HILLS CHURCH sponsored and hosted a Holiday Party for all of our kids and families.

**ERIE INSURANCE** became a new platinum Harley sponsor at \$5,000.

FAT ASS 5 K again contributed \$500 from their recent event to support our programs.

**ILLINOIS STATE POLICE (I.T. DEPT)** provided Angel Tree gifts for families. Special thanks to Cheryl McKnelly for once again coordinating this.

**KNIGHT'S ACTION PARK** sponsored Foster Parent Appreciation Day for us that netted a surplus of \$1,515 in ticket sales to RYF.

**LEVI, RAY & SHOUP** renewed their platinum Harley sponsor with a donation of \$5,000. They also again held a Casual Day for our benefit. Special thanks to Pam Benad and Mike Goriszewski.

**ROTARY CLUB OF SPRINGFIELD** renewed their sponsorship of our annual Angel tree which assured that each child received a Christmas gift from Santa. They also awarded us a grant of \$1,500 for Resource Manuals for Intact families.

**UCB** held a casual day for us that netted \$250.

WATTS COPY SYSTEMS upgraded our copiers and again donated a fax machine for program use.

TREE OF WISHES and TOYS FOR TOTS also provided Holiday gifts for all youth.







#### **OUR GENEROUS DONORS**

Affordable Shred Bill Abler Allied AmeriCall

Anchor Boat Club Aqua Club Barber, Segatto, Hoffee, Wilke & Cate

BLH Computers Dr. Steven Bowers Bunn

Robert Bunn CEFCU Chatham Jaycees

Cherry Hills Church Chick Fritz, Inc John Colbert, DMD

Corner Pub Davis Financial Downtown Springfield, Inc

DUI Education & Treatment Services Erie Insurance Estes, Bridgewater, Ogden

FAT ASS 5K Firefighters' Club Good Shepherd Lutheran, Sherman

Hall's Harley Hanson Professional Services Hy-Vee

Illinois State Fair Illini Tech Knight's Action Park

Knights of Columbus 364 I.S.P. Information Services Bureau The James Project

Levi, Ray, & Shoup, Inc.

Lee O'Keefe

Mary Jo Curry Blues

NAI True O'Connor Mailing Services Old Capitol Blues & Barbeque

Rotary Club of Springfield Rudin Printing Ryan Electric

Scott Sabin Springfield Mile (Kiesow Racing) Springfield Rotary Foundation

St. Louis Cardinals Cheryl Swenny The Alamo

James Timberlake Toys for Tots Troxell UCB Bank

Underfanger Moving & Storage Watts Copy Marcia Williamson Trust





If we missed anyone please let us know; we apologize for any oversights.

#### **FUND RAISING**





Ann & Mollie selling last minute tickets at the Corner Pub

The Harley winner poses with his new bike when picking it up for the first time.

Our 19<sup>th</sup> year for the Harley Davidson raffle drawing was held on November 10 with a first prize of a 2018 HERITAGE SOFTAIL CLASSIC. We broke our event record by selling over 200 tickets that night, thanks to the great turn-out and the enthusiasm generated by the band.

Our 20th annual Harley Davidson Raffle is currently underway with about 8 weeks remaining. If you haven't purchased a ticket yet please do so soon. We'll be drawing the winner at 11 pm on Saturday. November 23 at the Corner Pub on West Iles in Springfield. The Mary Jo Curry Blues Band will again be providing the tunes and entertainment for the evening.

Please patronize our sponsors (see flyer) and thank them for their continued support

#### **PROGRAM EVENTS**

#### FOSTER PARENT APPRECIATION DAY AT KNIGHT'S ACTION PARK

#### Day at the ballpark to see the St Louis cardinals, including a bus ride











Clients and staff enjoyed a baseball game at Busch Stadium compliments of the Cardinals



On the bus to the game



Relaxing and keeping cool at Knight's

# **3rd ANNUAL TREAT OR TRUNK**



We again held Treat or Trunk at the RYF Offices to provide a safe and fun experience for our kids.

#### **HOLIDAY PARTY**



This year the folks at Cherry Hills Church sponsored and hosted Holiday Party for our youth and families. Also, we again had many Angel Tree gifts donated from the folks at the Rotary Club of Springfield, Illinois State Police-Department of Innovation & Technology, and Good Shepherd Lutheran Church in Sherman





Staff members Marcia Matich (with Diane Stotlar) and Jim Goldsberry picked up Angel Tree gifts from Good Shepherd Lutheran







Anyone wishing to participate in our Angel Tree for the Holidays for all youth please let us know; we'll be sure to connect you with an "angel".

# **MISSION STATEMENT**

The mission of Rutledge Youth Foundation is to assist abused / neglected youth in becoming productive, independent members of society





Former resident and ILO client J. Smith is now a motivational speaker and has presented his story to our staff and clients several times. During a visit this year he renewed his acquaintances with Foster Care Supervisor Brian Johnson and Executive Director Marty Michelson

# **Agency Programs**

(Currently serving 300 + youth and families annually)

DCFS Transition to Independent Living (**ILO**)
DCFS Specialized For DCFS Trad. /Home of Relative Foster Care (**PCD**)
DCFS Reunification
DCFS Intact Family Services (**IFS**)
DCFS Intensive Place
Title XX Community Advocacy (**XX**)
Individual, Group an

DCFS Specialized Foster Care (**SFC**)
DCFS Reunification
DCFS Intensive Placement Services (**IPS**)
Individual, Group and Family Therapy

#### **PROGRAM HIGHLIGHTS**

The years 2018-2019 have shown continued, steady growth in the **Foster Care** program at Rutledge Youth Foundation. RYF has had an average of 150 children in foster care over the last fiscal year. Obtaining permanency for these children has been a primary focus for this past year. 25 children were adopted and 27 children were returned home to their parents or their cases were closed for other reasons, such as aging out. We greatly surpassed the goals for 2018-2019. 2 of our teens became youth in college, one of which received the DCFS "youth in college" scholarship. RYF employs 12 foster care case managers, 2 licensing personnel and 2 supervisors. The average case load for each case manager is 12 kids. Rutledge Foster Care spans an area from as far south as Lebanon, North to Peoria, West to Quincy and East to Champaign. Currently Rutledge has 58 licensed active foster homes. Of these 58, 30 are licensed for related children only. We are currently in the process of licensing 17 additional foster homes, all of which are for related only. The focus of the Department of Children and Family Services to place children with relatives or fictive kin (close family friends) is the reason for such a large number of related only foster homes. These numbers do not reflect the foster homes that are not licensed or are licensed through other agencies that we "borrow" for placement. Overall Rutledge is working with roughly 90 foster homes per month in various capacities.

In May of this year, Rutledge was the recipient of an award from DCFS for their 2019 Annual Foster Parent Implementation Plan. This award was given to 3 agencies state wide. Rutledge was recognized in their "Innovative Approaches to Service" category. The award was presented at a luncheon in June held at the Sheraton in Lisle, Illinois.





This year in the **Intact Family Service program (IFS)** many families were given assistance in order to successfully remain in the home together. Some services include, drug and alcohol treatment, parenting education, domestic violence/anger management courses, mental health services, financial literacy classes, housing assistance, and overall general support to positively change the circumstances that led to case involvement and prevent the children from coming into the foster care system. Through various successes, the Intact team has been able to gain insight into the different ways our families function and have learned how to provide appropriate supports and services.

One family in particular struggled with drug addiction. The mother struggled for years with an addiction to methamphetamines. She was self-medicating due to her own childhood trauma. This mother completed drug treatment and remained free from substances. This family was also given assistance in finding appropriate housing, parenting education, and mental health. At case closure, this mother had been sober for 5 months and recently gave birth to a healthy baby boy. Another family became involved due to physical abuse of the child. There was a history of domestic violence in the home. After successfully completing parenting and anger management classes, the family was able to identify different ways to discipline and cope with every day stressors. The parents went from being banned from the children's school to being called as emotional supports during the child's difficult times. The parents became open to allowing the children to engage in counseling, which benefited the children and their behaviors.

**Independent Living Option (ILO) Program** serves youth between the ages of 18-21 who are transitioning into adulthood and preparing for a successful discharge from DCFS care. During this past year we have had the pleasure of working with some outstanding young men and women who have enjoyed a significant amount of individual successes such as enrolling in a four-year university, obtaining multiple promotions in their places of employment. Another important aspect of this program is to help our youth understand that their past does not have to define their future and that they can overcome any challenge if they are willing to put forth the effort.

The true measure of any program such as this is the lasting impact that the program has on those who have gone through the program. An alumni of the ILO program, Pete, presented at last year's Annual Meeting. Pete is a young man who was a part of our foster care program and eventually transitioned into our ILO program. Despite growing up in a less than ideal environment where drugs and violence were commonplace, Pete was able to maintain a positive outlook, set goals for himself and work to overcome any obstacles that got in his way. Pete is currently pursuing his dream of becoming a minister and is studying at his dream school, The River Bible Institute, in Florida. Pete is an excellent example of how the total team approach that we take at the Rutledge Youth Foundation, can help our youth and families lead positive and productive lives after they leave our care.

Intensive Placement Stabilization (IPS) has continued the pattern of growth again this year. We have served youth and families in Sangamon, Mason, Menard, Logan, and Christian counties (LAN 15) well for over 10 years. This year, we were asked by DCFS to expand and cover another 5 counties west of Springfield (LAN 16). The new counties where Rutledge is providing IPS services are Morgan, Scott, Cass, Brown, and Schuyler. We are excited to grow this program and help provide both therapeutic mentoring and caregiver psycho education to this new area. The new LAN has a much lower participant rate historically. However, we are confident we can double the case load within this fiscal year. Also during the past year, we have continued our training and implementation of the Attachment, Regulation, and Competency (ARC) model. ARC has been an effective approach with the youth and caregivers we serve and our IPS staff has done an exceptional job adopting the framework into their clinical practice. IPS staff has used the ARC framework to develop and meet goals with both youth and caregivers. We will continue in our development in ARC, supported by DCFS, and we look forward to increasing our expertise over the coming fiscal year.

The Department of Therapeutic Services has experienced growth in many areas over the past year. This year we welcomed new therapist and HDC graduate, Rachel Stewart, to our team. In addition to our new team member, we acquired a new counseling contract from the Department of Children and Family Services. The new counseling contract will give our therapy team the opportunity to serve individuals referred directly from the DCFS. This is an exciting opportunity for our therapy team and this was made possible as a direct result of the high quality of work performed by our therapists and all programs at RYF. In addition to the DCFS counseling contract, this year we began a new assessment process which will allow us to track outcomes and ensure the quality of our work is strength based, trauma informed, and meeting the needs of our children and families. Our CQI department will be evaluating our assessments this fiscal year and we look forward to sharing the outcomes with you next year.



Pictured (center) is our youth in court on the joyous occasion of Adoption day

Our foster care programs continued to grow and need more caring, dedicated Foster families. Licensing Coordinator Michelle Sorenson continues to actively recruit new Foster Parents to provide placements and potential Adoptive homes for these many needy youth. We encourage referrals for potential foster parents from our friends and supporters. Please contact us if you know of someone that might like to hear more about this life changing opportunity.

Be sure to check out our new website: www.rutledgeyouthfoundation.org

#### **STAFF (2018-19)**

CASE AIDES Derricka Barlow Tammy Brown Brittany Chambers Paige Davis

Shantell Dent Nitra Gatheright Shaun Jimerson Stacey McIntyre

Anna Palmer Ronnie Wilson

**QUALITY IMPROVEMENT ASSISTANT** Tisha Burris

LICENSING ASSISTANT Pete Norell

**LIFE SKILLS COORDINATOR** Jarin McCaffrey

MAINTENANCE SERVICES Jim Goldsberry

FOSTER CARE CASE MANAGERS

Zoe Baker Joe Bayless Lisa Bracco-Tabora Bailey Bridges Megan Buck Markasha Chambers Chelsie Degroot Lisa Hallmark Tiesha Hawkins Vashion Horton Mackenzie Kelly Laura McKinney Heather Morgason Lindsay Morse Margi Perry

Codi Poe Abbe Stevenson

ILO CASE MANAGERS Shaun Wilkinson

INTACT CASE MANAGERS Kristen Anderson Becky Griffel Audra Rock Tiffanee Rush

IPS CASE WORKERS Kellie Brand Stephanie Lelys Ryan Nagel

THERAPISTS Sami Donovan Keilyn Goatley Tim Moody Ben Rasche Rachel Stewart

ADMINISTRATIVE SERVICES MANAGER
ADMINISTRATIVE ASSISTANT
SECRETARY/RECEPTIONIST
Lori Wernsing
Nancy Claybourn
Karen Norris

STAFF NURSE
CQI COORDINATOR
Stacy Branda
IPS SUPERVISOR
Marcia Matich
INTACT SUPERVISOR
CASE AIDE SUPERVISOR
PLACEMENT SUPERVISOR – FOSTER CARE
Stacy Branda
Marcia Matich
Audra Rock
Shaun Wilkinson
Karen Cox

PLACEMENT SUPERVISOR – FOSTER CARE

PLACEMENT SUPERVISOR – FOSTER CARE

Brian Johnson

Michelle Sorenson

**DIRECTOR OF THERAPEUTIC AND IPS SERVICES FOSTER CARE SUPERVISOR**Amy Dumonceaux Shanelle Clayberg

**DIRECTOR OF CLINICAL SERVICES**Mollie Buchanan **EXECUTIVE DIRECTOR**Martin Michelson

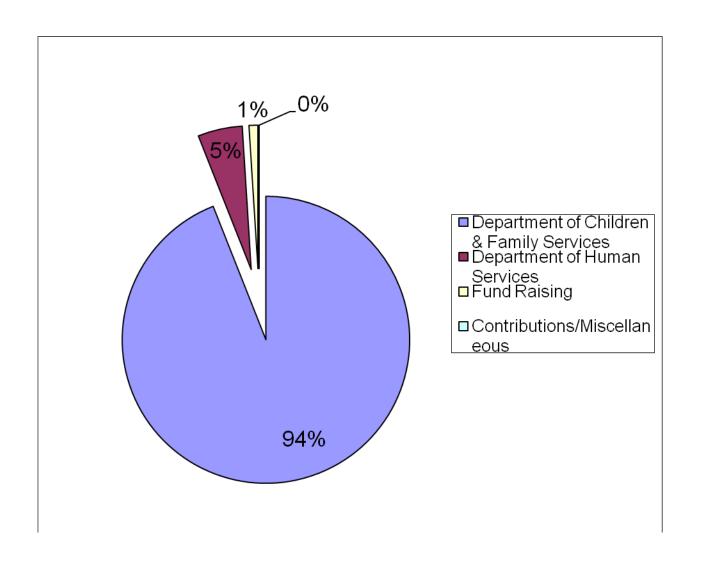






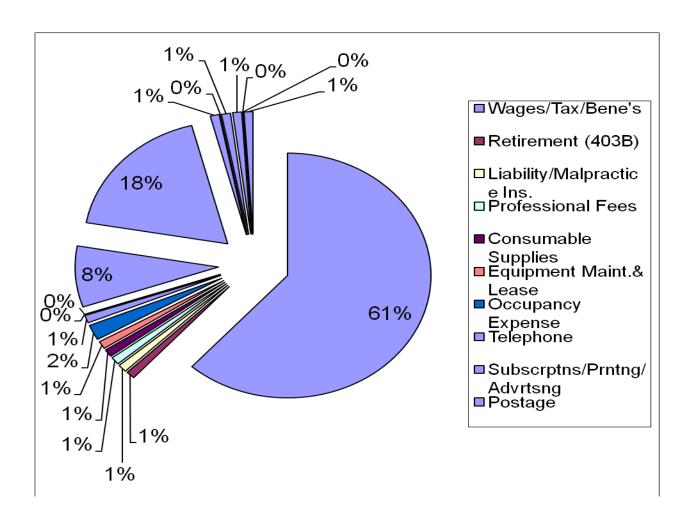
# RUTLEDGE YOUTH FOUNDATION FISCAL YEAR 2019 (7/01/18 - 6/30/19) REVENUE BY SOURCE

Department of Children & Family Services	94%	\$2,904,609
Department of Human Services	5%	64,007
Fund Raising	1%	25,282
Contributions/Miscellaneous	0%	4,541
	1	\$3,098,439



### RUTLEDGE YOUTH FOUNDATION FISCAL YEAR 2019 (7/01/18 - 6/30/19) EXPENSE BY SOURCE

Wages/Tax/Bene's	\$1,922,609	61%
Retirement (403B)	22,123	1%
Liability/Malpractice Ins.	30,338	1%
Professional Fees	25,758	1%
Consumable Supplies	9,047	1%
Equipment Maint.& Lease	21,417	1%
Occupancy Expense	43,762	2%
Telephone	8,745	1%
Subscrptns/Prntng/Advrtsng	1,125	0%
Postage	1,173	0%
Transportation/Mileage	257,347	8%
Placement Assistance	593,764	18%
Specific Needs	15,405	1%
Recreational Expense	12,029	0%
Depreciation	34,212	1%
Interest	19,238	1%
Meeting Expense	6,727	0%
Misc. Expense	398	0%
TIL/TLP Payments	28,410	1%
Fundraising/Prizes	21,086	1%
	\$3,074,713	1







#### **For Foster Care and Intact**

Crib Sheets Cribs
Crib Mattresses Pillows

Toddler Beds All forms of school supplies

Backpacks Toiletries
Car seats (infant, booster-high back, booster)
Children's pajamas-all sizes/both genders

Diapers (all sizes)

#### For Independent Living (ILO) program

Microwaves Electric Griddle
Pots/Skillets/Pans Silverware
Kitchen towels Pot Holders
Kitchenware (spatulas, spoons)
Beds frames & mattresses Sheet Sets
Pillow Cases Pillows

Kitchenette sets Recliners
Other relevant "START-UP" items q



